

ZENOFF PARK VOLLEYBALL RULES

Stevens Point, WI

1. A coin toss will be used to determine which team will serve, receive, or which side of the court the team wants to start the first game. Teams will exchange sides between games and the loser of the previous game will serve.
2. A game is complete when a team scores a total of **21 points (Rally score – Every play has a point)**. A team must win by two points or **a cap of 23**. There will be one point awarded for each game won for your record. There will be three games to a match
3. The position of players in order of serve shall be right back, right forward, center forward, right forward, left back, and center back. The officials will keep score.
4. The team receiving the ball for service immediately rotates one position clockwise after side out, except on first serve.
5. Substitutions will be made in the left forward position only, unless there is an injury involved. Back row players cannot block or attack the ball in front of the ten-foot line.
6. The ball is put into play at the beginning of each rally by a serve from within the serving area (the whole back line). The server may not touch the boundary line until contact has been made.
7. At moment of serve, no player shall be overlapping and adjacent player front to back or side-to-side.
8. **LEGAL SERVE:** The server must wait to be beckoned for the service. The server may then hit the ball with one or both hands, fists, or arms while the ball is held, bounced, or after it has been tossed up into the air or dropped by the server. The ball shall be contacted within five seconds after the referee signals to serve. The server may start in the grass, but **MUST** step on sand prior to contacting the ball.
9. Balls **including the serve** may be retrieved from the net provided other rules are not violated. **(LET serves are legal)** The servers must serve the ball over the net by themselves.
10. A ball touching any boundary line is considered in bounds.
11. Successive plays of the ball by a player whose first attempt to block shall be permitted. (A block is considered contact over the plane of the net in the front row) The next play shall be counted as the first of three hits allowed by this players' team.

12. One player may play the ball twice before it passes over the net, but not two times in succession.
Exception: Rule # 11.
13. A player may play a ball outside of the boundary lines, on their side of the net. **A player may not step on the grass area to make a play on the ball.** A ball hit out of bounds by the opponent must be allowed to hit the ground to be declared dead.
14. A time out shall be requested by the coach or team captain only and only during dead ball time. Once the signal for the serve has been made, a time out will not be granted. Two time outs are permitted per game. They shall not exceed sixty seconds.
15. Eligible players are those listed on the team's official roster. Any additions after the fifth week need to be approved by league officials. All players must have a signed players agreement on file with their team's roster.
16. If a team does not have (four) players (6's league), (three) players (4's league), there at the scheduled time, the first game will be declared a forfeit. If the minimum required numbers of players aren't there ten (10) minutes after the scheduled starting time, the match will be considered a forfeit. **Any team forfeiting one league match must post a \$10.00 forfeit fee with SPSA officials, before their next league match. Failure to post the fee may result in forfeiture of future matches.**
17. Co-ed 6's only: There may not be more than three players of either sex on the court.
Co-ed 4's only: There may not be more than two players of either sex on the court.
18. Spiking a served ball is NOT allowed, but blocking a served ball is. **Setting of the serve is allowed so long as it not a lift.**
19. Only the team captain may question or confer with the referee. The referee has the right suspend any player from any game for unsportsmanlike conduct, careless use of facilities or equipment, being in an intoxicated condition, use of profane or obscene language